



STARTERS

VISION SETTING WORKSHOP

Create an inspirational mission statement (that expresses your goals and how you will measure them), that can be communicated across the organisation.

0.5 DAY

£6,000

1 DAY

£8,200

UCD WORKSHOP

Identify your customers (users, stakeholders, sponsors). Gain clarity on their wants and needs. Design unique value propositions that meet these needs.

1 DAY

£12,000

ONE-WEEK DESIGN SPRINT

Save money and time by moving from idea to prototype to decision in one week. Using approaches such as a design sprint and lean inception, you will create ideas, solve problems and test solutions to create an MVP. This includes helping one or more of your team to be able to prepare and run future workshops.

5 DAYS

£35,000



MAIN COURSES

AGILE FUNDAMENTALS COURSE

Understand the what and the why of agile .
Consider what your organisation is doing well and where it could make improvements.

0.5 DAY
£2,500

SCRUM FRAMEWORK COURSE

Learn how to apply agile using the Scrum framework, including the roles of the Scrum team, how to plan projects and track progress, collaboration and much more.

1.5 DAYS
£10,000

OPTIONAL: ICAgile certification if the above two are ordered together.

THE KANBAN METHOD COURSE

Explains the basics of systems-thinking, the 6 principles of the Kanban Method, key terms (including WIP limits, pull system).

0.5 DAY
£3,500

ESTIMATING AND FORECASTING COURSE

Learn the why, what, when and how of estimating and forecasting with a range of practical exercises.

1 DAY
£6,500



MAIN COURSES

THE ART OF PROFESSIONAL COACHING COURSE

Acquire a set of professional coaching skills so you can grow, lead and inspire others within a variety of organisational settings.

Module 1

3 day in-person led training, including 7+ hours of hands-on coaching practice and observation.

Module 2

6 x 3-hour online workshops focusing on the ICF Core Competencies

Module 3

10 x 1-hour mentor coach sessions
(a mixture of group and 1-to-1)

£7,500 PER PERSON

CERTIFIED AGILE TEAM COACH COURSE

As an ICAgile Certified Agile Coach (ICP-ACC), you'll gain the professional coaching skills needed to overcome obstacles and help your teams thrive on their agile journey.

3 DAYS IN-PERSON

£1,200 PER PERSON

OVER 5 DAYS ONLINE

£1,000 PER PERSON



SPECIALS

COMPANY RETROSPECTIVE

Identify and analyse the problems that are being experienced today across the org.

0.5 DAY
£2,500

TEAM HEALTH CHECK

Understand where the challenges are being felt across the teams and identify any common patterns.

2 HOUR PER TEAM
£2,100

SYSTEMS MODELLING

Reveal/review how work flows through your teams. Analyse and identify opportunities for improvement.

0.5 DAY
£2,500

STORY MAPPING AND ROADMAPS

Identify the backbone of your product or service. Prioritise the work items to deliver the most value in the best time.

1 DAY
£7,500

TEAM KICK-OFF / TEAM REFRESH

Form (or re-energise) strong teams with explicit policies that define their ways of working. Begin forming great relationships through team building.

0.5 - 1 DAY
£4,500 - £6,000



SIDES

TEAM COACHING AND MENTORING

Teams identify challenges/situations that they would like to focus on, then work through them as a group (includes optional sharing of knowledge and experience from us).

60-90 MINUTES/SESSION
£400-600/SESSION

1-TO-1 COACHING AND/OR MENTORING

Individuals identify challenges/situations that they would like to focus on, then work through them (includes optional sharing of knowledge and experience from us).

60-90 MINUTES/SESSION
£400-600/SESSION

DEVELOP COMMUNITIES OF PRACTICE

Creates organisation-wide groups of people with shared disciplines where they can support each other and grow.

60-90 MINUTES/SESSION
£400-600/SESSION

SOFT SKILLS WORKSHOPS

Targeted workshops to help develop out the soft skills teams need to thrive, such as giving feedback and psychological safety.

VARIABLE



TAKEAWAYS

*Each of these tasty on-demand eCourses is delivered to your door and consumed independently at your own pace.
Can be tailored to your brand on orders over 50 seats.*

A SHORT INTRODUCTION TO AGILE & SCRUM

Learn what Agile and Scrum are about in this short, fun and interactive course. After only an hour you will know about terms such as Sprints, Backlogs and Scrum Masters.

60 MINUTES
£90/PERSON

A SHORT INTRODUCTION TO KANBAN

A short introduction to The Kanban Method. Find out all about WIP limits, pull systems, explicit policies and managing flow in this short, fun and interactive course.

60 MINUTES
£90/PERSON

AN INTRODUCTION TO ESTIMATING & FORECASTING

Learn a range of approaches for estimating and forecasting in this short, fun and interactive course.

200 MINUTES
£250/PERSON

Menu

SUBSCRIPTIONS

My mantra is "Everybody has the right to improve their personal and professional life" and I believe that the best way to achieve this is by making small evolutionary improvements regularly.

Your teams will benefit from regular sessions with us which is why we also offer a subscription-based service.

THE PLATINUM PACKAGE

Receive the following every month:

- 1 x Team coaching session (90 mins)
- 1 x Community of Practice session (90 mins)
- 4 x Individual mentoring sessions (90 mins each)

**+ receive a free team health check every 3 months
(worth £2,100)**

£3,000 PER MONTH



THE GOLD PACKAGE

Receive the following every month:

- 1 x Community of Practice session (60 mins)
- 2 x Individual mentoring sessions (60 mins each)

£1,000 PER MONTH

A saving of over £2,000 per year

*Subscriptions can also be tailored to your team.
Can be billed annually if desired.*

Please note all prices exclude VAT.